

President of the Meeting:

Giuseppe Mancia (Italy)

Chairmen:

Maria Dorobantu (Romania)

Thomas Kahan (Sweden)

Franz Messerli (USA)

Michele Stornello (Italy)

Massimo Volpe (Italy)

Jiguang Wang (China)

Faculty:

E. Agabiti-Rosei (Italy)

A. Benetos (France)

C. Borghi (Italy)

J. M. Castellano Vasquez (Spain)

J. Chalmers (Australia)

A. Coca (Spain)

A. Dominiczak (UK)

G. Grassi (Italy)

S. Kjeldsen (Norway)

S. Laurent (France)

A. Manolis (Greece)

G. Parati (Italy)

J. Redon (Spain)

L. M. Ruilope (Spain)

R. Schmieder (Germany)

K. Tsioufis (Greece)

S. Yusuf (Canada)

G. Wuerzner (Switzerland)

A. Zanchetti (Italy)



Entrance Temple of Athena - Cathedral of Syracuse

October 27th

14.30 Welcome addresses

Michele Stornello

Director Internal Medicine, Azienda Ospedaliera Umberto I Siracusa

Giuseppe Mancia

President of the Meeting

Alessandro Casini

President Fondazione Internazionale Menarini

— Session I: Risk factors and diagnosis

Chairperson: **Josep Redon** (Spain) - **Alberto Zanchetti** (Italy)

14.30 **Optimal salt intake in hypertension**

S. Yusuf (Canada)

15.00 **Emerging risk factors: uric acid**

C. Borghi (Italy)

15.30 **Short and long term blood pressure variability**

G. Parati (Italy)

16.00 **Dementia and antihypertensive treatment**

A. Coca (Spain)

16.30 **General discussion**

17.00 coffee break

— Session II: Treatment I – General aspects

Chairperson: **Maria Dorobantu** (Romania) - **Thomas Kahan** (Sweden)

17.20 **Which blood pressure to be used in clinical practice**

J. Redon (Spain)

17.50 **Which target blood pressure**

S. Kjeldsen (Norway)

18.20 **Long-term protection by antihypertensive treatment**

J. Chalmers (Australia)

18.50 **General discussion**

October 28th

— Session III: Treatment II- General aspects

Chairperson: **Franz Messerli** (USA) - **Massimo Volpe** (Italy)

08.30 **Beta-blockers: 1st step or back up drugs?**

A. Manolis (Greece)

09.00 **Combination treatment as 1st step in all hypertensives**

G. Mancia (Italy)

09.30 **Treatment and patient's residual risk**

A Zanchetti (Italy)

10.00 coffee break

10.20 **The problem of adherence to treatment**

G. Wuerzner (Switzerland)

10.50 **The polypill approach**

J. M. Castellano Vasquez (Spain)

11.20 **Precision Medicine. How can it be applied to hypertension**

A. Dominiczak (UK)

11.50 **General discussion**

12.20 lunch

— Session IV: Treatment III - Research issues

Chairperson: **Anna Dominiczak** (UK) - **Jiguang Wang** (China)

13.20 **The frail hypertensive elderly**

A. Benetos (France)

13.50 **The resistant hypertensive patient**

K. Tsioufis (Greece)

14.20 **White coat and masked hypertension**

G. Grassi (Italy)

14.50 **How should we deal with therapeutic white coat and masked hypertension?**

L. M. Ruilope (Spain)

15.20 **General discussion**

15.40 coffee break

— Session V: Treatment IV - Research issues

Chairperson: **Alberto Zanchetti** (Italy) - **Salim Yusuf** (Canada)

DEBATE: should treatment be guided by changes in organ damage?

16.00 **The case for proteinuria**

R. Schmieder (Germany)

16.20 **The case for arterial stiffness**

S. Laurent (France)

16.40 **Evidence is only promising**

E. Agabiti Rosei (Italy)

17.00 **Beyond clinical trials.**

The potential of administrative data bases

T. Kahan (Sweden)

17.20 **GENERAL DISCUSSION**

18.20



GENERAL INFORMATION

SYMPOSIUM VENUE

PALAZZO BENEVENTANO DEL BOSCO
Piazza Duomo, 4
96100 Siracusa
phone: +39 0931.464079
www.beneventanodelbosco.it

SECRETARIAT CORNER

The Secretariat will be open at the following times:

FRIDAY, October 27th 2017
from 2.30 p.m to 6.50 p.m

SATURDAY, October 28th 2017
from 8.30 a.m. to 6.30 p.m

OFFICIAL LANGUAGE

The official language of the congress will be English.

LUNCHES AND COFFEE BREAKS

Lunches and coffee breaks will be served at the congress venue.

CERTIFICATE OF ATTENDANCE

The certificate of attendance will be available on request at the end of the congress at the Secretariat Counter.

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections. A speakers' preview room with PC (power point for Windows) will be available for check and preview of presentations. It is essential that the speakers deliver their presentations to the speakers' preview room at least one hour before the session start.



Palazzo Beneventano del Bosco

HOT ISSUES IN HYPERTENSION

Scientific Works
October 27th - 28th 2017

Palazzo Beneventano del Bosco Siracusa - Italy

PROMOTED BY



FONDAZIONE
INTERNAZIONALE
MENARINI

Fondazione Internazionale Menarini
Symposia n. 357

LOCAL SECRETARIAT



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Con il patrocinio
dell'Università degli
Studi Milano - Bicocca



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Presentation

It is a pleasure to welcome you to the Workshop "Hot Issues in Hypertension" of the Menarini Foundation which will be held in Siracusa on October 27th-28th, 2017. As clear from the title, the meeting will address a number of key and in many instances controversial issues in hypertension research and clinical practice. That is, issues on which research has not provided consistent data, data interpretation is not univocal or implications for clinical practice (as well as for guidelines recommendations) are controversial, the controversy often extending to the best research approach to adopt to obtain clarification. Presentations will be delivered by recognized experts in hypertension research who will all be involved in the discussion, which will be an important component of the meeting. My most sincere thanks to the colleagues who have accepted to participate despite their heavy working schedule. And a deep thank to Menarini Foundation which has made the meeting possible, selecting as a venue a place famous for its beauty but also for a history that takes us back to the cradle of human culture.

Prof. Giuseppe Mancia
President of the Meeting



International Symposium on

HOT ISSUES IN HYPERTENSION

Siracusa (Italy), October 27th- 28th 2017

Chairman: Giuseppe Mancia

Venue: Palazzo Beneventano del Bosco